



ADVANCING INTEGRATED HEALTHCARE

Welcome

2020 QUARTERLY IBH COMMITTEE MEETING 12-10-2020

Agenda

Topic <i>Presenter(s)</i>	Duration
Welcome & Introductions <i>Rena Sheehan, MBA, LICSW & John Todaro, PhD</i>	5 minutes
Setting the Stage with the Affordability Standards <i>Marea Tumber, OHIC</i>	5 minutes
NCQA Behavioral Health Distinction online training program <i>Nelly Burdette, PsyD</i>	10 minutes
NCQA Behavioral Health Distinction Self-Assessment tool with Q&A <i>Rebecca Best, NCQA</i>	25 minutes
2021 IBH Telehealth/NCQA BH Distinction Learning Collaborative <i>Nelly Burdette, PsyD</i>	10 minutes
Child Psychiatry Announcement from Thundermist <i>Matthew Roman, LICSW, MBA, Chief Operating & Behavioral Health Officer</i>	5 minutes

December 10, 2020

OHIC'S AFFORDABILITY STANDARDS— INTEGRATED BEHAVIORAL HEALTH

Marea B. Tumber, Esq., MPH
Office of the Health Insurance Commissioner

AFFORDABILITY
STANDARDS:
HEALTH POLICY
OBJECTIVES

Improved
affordability of
health insurance

Improved health care
quality, inclusive of patient
safety, effectiveness,
efficiency, timeliness of
care, patient-centeredness,
and equity

Better integration of
physical and behavioral
health care

Reduced administrative
burden and improved
clinician wellbeing

COPAYS FOR SAME DAY PC/BH VISITS

In early 2019, OHIC convened an IBH Work Group to identify potential solutions to several identified barriers to patient access to integrated care

OHIC incorporated these recommendations into the Affordability Standards promulgated 6/25/2020

By January 1, 2021, payers must waive copayments for patients who have a visit with an in-network BH provider on the same day/location as a PC visit at a “qualifying primary care practice”

FOUNDATIONAL
REQUIREMENTS:

“QUALIFYING IBH
PRIMARY CARE
PRACTICE”

A “Qualifying IBH Primary Care Practice” is a PCMH that:

a. Is recognized by a national accreditation body (such as NCQA) as an IBH practice; or

b. Currently participating in, or participated in and successfully completed, an IBH program under the oversight of CTC*; or

c. Completes a qualifying BH integration self-assessment tool and develops an action plan for improving its level of integration*

* Practices may use options (b) and/or (c) for up to a total of 3 years

Coming in 2021

NCQA BH Distinction training module

- 45 minutes; interactive
- Stand alone or part of the IBH practice facilitation online training program
- In collaboration with NCQA and working with John Snow, Inc.
- Estimated Q2 2021 release
- To be piloted in the 2021 IBH Telehealth / NCQA BH Distinction Learning Collaborative



Behavioral Health Distinction Self-Assessment tool demo

2021 IBH Telehealth / NCQA BH Distinction Learning Collaborative

- 12 month Learning Collaborative
- 15 practices (adult, family medicine & pediatrics)
- Look for Call for Applications in January 2021
- Anticipated March 2021 launch
- Practices could earn up to \$10K
- Funding provided by UnitedHealthcare



Friendly Reminder

- January IBH Meeting – Pediatric focused
Pediatric IBH practices will be reporting out on their progress and sharing best practices.
- February 11, 2020 - Next IBH Committee Meeting - Discussion with health plans on same day co-pays

Child Psychiatry Announcement

Expanded Behavioral Health Services for the
Children of South County

Thundermist Behavioral Health Referral Form