## Module One – Overview and Core Competencies

<table>
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<tr>
<th>Module Components</th>
<th>Learner Notes</th>
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<tr>
<td><strong>Module Learning Objectives</strong></td>
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<tr>
<td>• Define integrated behavioral health (IBH) practice facilitation and its goals</td>
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<td>• Understand the practice facilitator's role in helping practices to make meaningful changes to improve quality</td>
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<td>• Describe the key activities typically involved in IBH practice facilitation</td>
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<tr>
<td>• List core competencies for IBH practice facilitators and the skills associated with each competency</td>
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### Reading


**Post-Test Questions**

- What is the definition of integrated behavioral health (IBH) practice facilitation?
- What is executive coaching?
- Executive coaching is a type of therapy that can be applied to practice facilitation. (T/F)
- What are the disadvantages of an internal Practice Facilitator?
- Which therapeutic skills best position someone to excel in IBH practice facilitation?
- What types of evidence-based data are important in IBH practice facilitation?
- What does PDSA stand for?
- If a PDSA does not achieve the anticipated results, then the PDSA is a failure. (T/F)
- How should IBH Practice Facilitators approach engaging an organization in a PDSA so that realistic, innovative goals are established to ensure success?
- What is the definition of Integrated Behavioral Care in primary care?

**Homework Assignment(s)**

Complete Practice Facilitator Professional Development and Training Plan before completing Module 1 readings in the binder and complete a five-minute or less introduction of yourself in the practice facilitator role that is a condensed version of how your background, experience and skill set has positioned you to serve in this role after completing the readings in Module 1.

**Questions for call with Nelly Burdette, PsyD.?**