

Project Name: OBESITY

Prepared By: Central RI Family Medicine

Chiriacoretti
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Frothingham

Background Adult BMIS target 20%
Achieved 58-61%
need to ↑ clinical quality
measured

Current Condition

- Clicking BMI Button in EHR
- Motivation
- Education
- preparation & follow up

Analysis
use Clear
Adult weight Screening
& Follow up

Analysis (continued)
TRACK BMI
ON patients
in program

Action Plan

Objective	Measure	Target

GOAL

- 1) TARGET 10 pts to participate
- 2) Patient intake and referral to counseling weight or nutrition
- 3) provide info re: healthy diet, exercise

in 2-3 mths

Allow time to make the calls to patients
→ initiate

Call Patients: Evelyn
Education info - Maura
Phys. Assess: Sharon

Effort

- Ed. Brochure + questionnaire made developed
- 10 pts targeted
- 4 pts seen initially
- rd. diff. to get time

Project Name:

Prepared By: *Central HC Contmied*

Background

Current Condition

Analysis

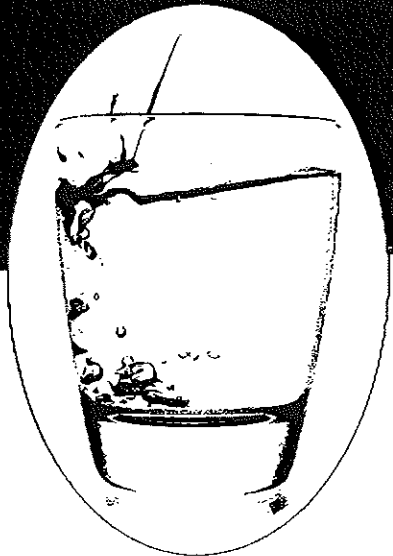
Analysis (continued)

- Project created & implemented -*
- Follow up needed by Business*
- dept general in clinic & patient security -*
- & patient follow-up -*

Beverages

Drink water: drinking 2 cups of water before eating can help you feel more satisfied.

Use water as your primary beverage throughout the day.



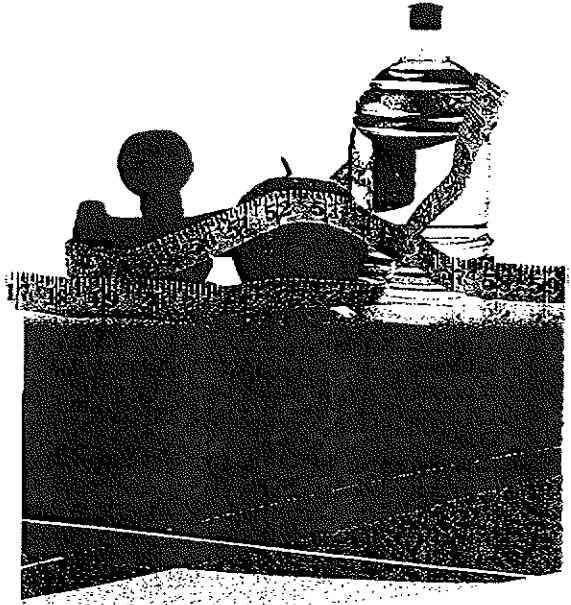
Physical Activity

- Avoid sitting for long periods of time.
- Walk or take the stairs.
- Use stairs instead of the elevator.
- Stand while talking on the phone.

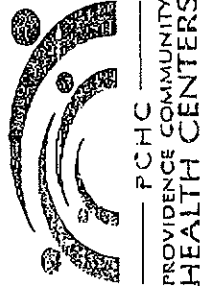
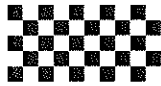
For more info, visit ChooseMyPlate.gov

For References contact Phoebe F. Hall, RN through the Providence Community Health Center.

Your Guide to Weight Loss



Formulated by Phoebe F. Hall, RN



FACSIMILE COVER SHEET

TO:
COMPANY:
PHONE:
FAX:

Genevieve Brown
528-3214

FROM:
COMPANY:
PHONE:
FAX:

Central Health Bank
Providence Community Health Centers, Inc. -
CENTRAL
239 Cranston Street
Providence, RI 02907

DATE:

1/7/15

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COMMENTS:

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